



## Aberdeen Football Club Job Description

<b>Name:</b>	
<b>Job Title:</b>	First Team Rehabilitation Physiotherapist
<b>Line Manager:</b>	Immediate: Kevin Bain (Head of Medical) Overall: Kevin Symon (Head of Performance)
<b>Date Started:</b>	
<b>Overall Purpose of Job:</b>	
To provide the highest standard of evidence-based care, in line with the departments strategic plan, to all professional players and contribute to the overall success of the Medical and Sports Science department.	
<b>Main Responsibilities/Description of Duties:</b>	
<ul style="list-style-type: none"> <li>Provide evidence-based physiotherapy care to professional players with an emphasis on gym and pitch-based rehabilitation.</li> <li>Provide a multidisciplinary approach to medical care, building professional relationships to those specialties both within the club and externally.</li> <li>Contribute to the department's injury prevention strategies and pro-actively seek to further develop the area.</li> <li>Provide comprehensive electronic medical records for the confidential storage of medical notes via club software, 'The Football Squad'.</li> <li>In conjunction with the Medical and Sports Science department, devise treatment plans for injured players with an emphasis on decreasing injury incidence.</li> <li>Assist in the clinical management of the playing squad for illness and injuries.</li> <li>Travel with squads when required for both training camps and competitive fixtures.</li> <li>Assist in the clinical preparation of the playing squad on both training and match days (home and away).</li> <li>Assist the delivery of pitch side emergency first aid on both training and match days.</li> <li>Assist in standardising pre-injury assessment tools for objective monitoring during rehabilitation and as return to play markers for the management of injury.</li> <li>Assist the organisation and delivery of pre-signing medicals in accordance with club protocols.</li> <li>Assist the monitoring and ordering of medical supplies from externally sourced companies.</li> <li>Assist in profiling physical aspects of professional players.</li> <li>Actively engage with professional development, contributing to the objectives of the department.</li> <li>Maintain excellent communication between department and football management.</li> <li>Highly motivated, displaying a strong team ethic, and have a desire to develop personally and as part of the Medical and Sports Science department.</li> <li>Execute additional tasks as required to meet the changing priorities of the Medical and Sports Science department, first team/development squad and the Club.</li> </ul>	
<b>Person Specification: Experience/Qualifications/Training/Personal Qualities</b>	
<b>Essential:</b>  <b>Qualifications</b> <input type="checkbox"/> BSC physiotherapy. <input type="checkbox"/> HCPC registered.  <b>Knowledge &amp; Experience</b> <input type="checkbox"/> At least three years' experience of working in an elite football environment.	<b>Desirable:</b>  <b>Qualifications</b> <input type="checkbox"/> Working towards or have an MSC in a Sports physiotherapy or related degree.  <b>Knowledge &amp; Experience</b> <input type="checkbox"/> Worked with elite athletes from a range of sports.



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<ul style="list-style-type: none"><li><input type="checkbox"/> Proven track record of returning athletes safely to competition.</li><li><input type="checkbox"/> Experience working in a multidisciplinary environment, incorporating all aspects of football medicine and science.</li><li><input type="checkbox"/> Travelled with professional squads.</li><li><input type="checkbox"/> Evidence of advanced clinical reasoning skills.</li></ul> <p><b>Personal Qualities</b></p> <ul style="list-style-type: none"><li><input type="checkbox"/> Excellent communication skills while being able to motivate athletes.</li><li><input type="checkbox"/> Team focused and able to act for the good Of the team/department.</li><li><input type="checkbox"/> Professional and diligent with their work.</li><li><input type="checkbox"/> Self-driven and able to work effectively under pressure. Thorough knowledge, understanding and experience of dealing with HR procedures and processes.</li><li><input type="checkbox"/> A confidential and discrete approach in handling a variety of situations.</li></ul>	<ul style="list-style-type: none"><li><input type="checkbox"/> UK anti-doping qualifications.</li></ul>
<b>Signed by Employee:</b>	<b>Signed by Line Manager:</b>
<b>Date:</b>	<b>Date:</b>