



Aberdeen Football Club Job Description

Name:			
Job title:	Youth Academy Sports Scientist		
Line Manager:	Lead Academy Sports Scientist (Immediate) Head of Performance (Overall)		
Line Manager for:	N/A		
Date Started:			
Overall Purpose of Job:			
The Youth Academy Sports Scientist will support the planning, development and execution of the Youth Academy Sports Science and Strength & Conditioning programmes.			
Main Responsibilities/Description of Duties:			
<ul style="list-style-type: none"> Under the direction of the Lead Academy Sports Scientist, Head of Sports Science and Head of Performance, provide Sport Science and Strength and Conditioning support for Youth Academy players in-line with the club's current physical development program. Help to develop and enhance the current Sport Science and Strength & Conditioning Support Program for the Club's Youth Academy players in line with wider Club objectives. Work effectively with other support staff and services, including physiotherapy, medical services, performance analysis and football coaches, to provide an integrated approach to performance enhancement. Help deliver physical testing at regular and agreed times throughout the season and thereafter develop and implement action plans. Assist when required, the development of individualised fitness and/or rehabilitation programmes for academy players identified through test results, medical team and coaching staff. Assist in the development of a reporting system that will help make key decisions in succession planning and development pathways to Academy players. To represent the club professionally at high level European academy tournaments when required. To ensure that all Academy players adhere to the Players Code of Conduct and show a high level of respect and discipline. At all times observe all AFC Safeguarding & Welfare policies, undertaking annual training as required. At all times, advocate and practice the Club's established culture of professionalism, maintaining standards and discipline, and promoting all aspects of the <i>AFC Personality</i>. To adhere to the Aberdeen Football Club staff & coaches Code of Conduct. To be aware of and comply with the Aberdeen Football Club Social Media Policy. 			
Person Specification: Experience/Qualifications/Training/Personal Qualities			
Essential: <ul style="list-style-type: none"> QUALIFICATIONS BSc in Sports Science/related field Full UK driving licence EXPERIENCE <ul style="list-style-type: none"> Previous experience providing Sports Science support in football or another sport. 		Desirable: <ul style="list-style-type: none"> QUALIFICATIONS MSc in Sports Science/related field 	



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<ul style="list-style-type: none">• PERSONAL QUALITIES• Excellent communication skills while being able to motivate athletes.• Team focused and able to act for the good of the team/department.• Professional and diligent with their work.• Self-driven and able to work effectively under pressure.	
Signed by Employee:	Signed by Line Manager:
Date:	Date: