



Aberdeen Football Club Job Description

Employee Name:	
Job Title:	First Team Rehabilitation Physiotherapist
Line Manager:	Head of Medical
Line Manager for:	
Date Started:	
Overall Purpose of Job:	
To provide the highest standard of evidence-based care, in line with the departments strategic plan, to all professional players and contribute to the overall success of the Medical and Sports Science department.	
Main Responsibilities/Description of Duties:	
<ul style="list-style-type: none">• Provide evidence-based physiotherapy care to professional players with an emphasis on gym and pitch-based rehabilitation.• Provide a multidisciplinary approach to medical care, building professional relationships to those specialities both within the club and externally.• Contribute to the department's injury prevention strategies and pro-actively seek to further develop the area.• Provide comprehensive electronic medical records for the confidential storage of medical notes via club software, 'The Football Squad'.• In conjunction with the Medical and Sports Science department, devise treatment plans for injured players with an emphasis on decreasing injury incidence.• Assist in the clinical management of the playing squad for illness and injuries.• Travel with squads when required for both training camps and competitive fixtures.• Assist in the clinical preparation of the playing squad on both training and match days (home and away).• Assist the delivery of pitch side emergency first aid on both training and match days.• Assist in standardising pre-injury assessment tools for objective monitoring during rehabilitation and as return to play markers for the management of injury.• Assist the organisation and delivery of pre-signing medicals in accordance with club protocols.• Assist the monitoring and ordering of medical supplies from externally sourced companies.• Assist in profiling physical aspects of professional players.• Actively engage with professional development, contributing to the objectives of the department.• Maintain excellent communication between department and football management.• Highly motivated, displaying a strong team ethic, and have a desire to develop personally and as part of the Medical and Sports Science department.• Execute additional tasks as required to meet the changing priorities of the Medical and Sports Science department, first team/development squad and the club.	
<i>Please note that this job description is not designed to cover a comprehensive list of activities, duties or responsibilities that are required of the employee for this role. The duties and responsibilities may change within reason at any time with or without notice to suit the needs of the Club.</i>	

[Employee Name] – First Team Rehabilitation Physiotherapist – April 2025

Experience/Qualifications/Training	
<ul style="list-style-type: none"> • Essential: • QUALIFICATIONS • BSc physiotherapy. • HCPC registered. • KNOWLEDGE & EXPERIENCE • At least three years' experience of working in an elite Football environment. • Proven track record of returning athletes safely to competition. • Experience working in a multidisciplinary environment, incorporating all aspects of football medicine and science. • Travelled with professional squads. • Evidence of advanced clinical reasoning skills. • PERSONAL QUALITIES • Excellent communication skills while being able to motivate athletes. • Team focused and able to act for the good of the team/department. • Professional and diligent with their work. • Self-driven and able to work effectively under pressure. 	<ul style="list-style-type: none"> • Desirable: • QUALIFICATIONS • Working towards or have MSc in a Sports Physiotherapy or related degree. • KNOWLEDGE & EXPERIENCE • Worked with elite athletes from a range of sports. • UK Anti-Doping qualifications.
Signed by Employee:	Signed by Line Manager:
Date:	Date: